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# T1D Circa 2024 Managing Obesity, CardioRenal Complications & Hyperglycemia

Friday, December 13, 2024 6:00 pm – 7:30 pm PST Hilton Universal City Hotel Los Angeles, California DINNER WILL BE SERVED

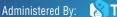
## All content available ON-DEMAND for ONE YEAR following the meeting.

This is a CME Symposium Supported by an Educational Grant from Lexicon Free for all 22nd WCIRDC attendees. Register online: www.wcir.org/registration This CME Symposium will be available and FREE for ONE year following the meeting.

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## T1D CIRCA 2024 – MANAGING OBESITY, **CARDIORENAL COMPLICATIONS & HYPERGLYCEMIA**

CHAIRS: Matthew J. Budoff , MD • Yehuda Handelsman, MD

6:00 pm - 7:	30 pm DINNER CME SYMPOSIUM Supported by Lexicon Sierra Ballroom	
6:00 pm	Dinner and Wine Served	
6:10 pm	Introduction & Pre-CME Questions Matthew J. Budoff, MD	
6:15 pm	Controlling Hyperglycemia in Today's T1D- Challenges and Solutions Richard E. Pratley, MD	
6:30 pm	Contemporary T1D- Obesity and Cardiometabolic Complications Matthew J. Budoff, MD	
6:45 pm	CKD in T1D the role of the SGLT1/2i Sotgliflozin David Cherney MD, PhD	
7:05 pm	Panel Discussion and Q&A: Risk Benefit- Managing T1D with Non-Insulin Agents Preventing Cardiorenal Morbidities	
	Panel: Matthew J. Budoff , MD • David Cherney MD, PhD Richard E. Pratley, MD	
	Moderator: Yehuda Handelsman, MD	
	Post-CME Questions & Concluding Remarks	
7:30 pm	Adjourn	

### **Program Description**

In 2024 patients with Type 1 Diabetes (T1D) are, unlike in the past, largely overweight or obese. The high prevalence of kidney and heart disease among individuals with T1D are of significant concerns, as these conditions are among the leading causes of morbidity and mortality in this population. Chronic kidney disease (CKD.) cardiovascular disease (CVD) and Heart Failure (HF) are common complications of T1D not only due to the long-term effects of hyperglycemia but also due to obesity, fat and insulin resistance.

In this CME satellite symposium session, we will explore the changing landscape of T1D addressing the need for new therapies in this population to improve alucose control And prevent cardiorenal complications. We will address the aaps in physicians' knowledge on the emerging role of sotagliflozin an SGLT2/1-i in the management of these patients, recognizing the significant long term benefit on Morbidities and Longevity while mitigating the potential manageable risk.

### **Learning Objectives**

Upon completion of this CME symposium, participants should be able to:

- Discuss the epidemiology of Obesity and CardioRenal complications in T1D
- Understand the Pathophysiology of HF & CKD in T1D
- Be Aware of the Difficulty to Control Hyperalycemia in the Obese T1D patients and the Potential Role of Non-Insulin Agents in these challenging patients
- Describe the benefit of using SGLT2/1i in T1D to protect and improve Kidney Function

## **Target Audience**

This educational initiative is designed for cardiologists, endocrinologists, nephrologists, internists, family physicians, and other healthcare professionals interested in the epidemiology, pathophysiology, prevention, and treatment of people with Heart failure or Type 2 diabetes, chronic kidney disease, and other cardiovascular risk factors.



## FACULTY



#### Matthew J. Budoff, MD, FACC, FAHA, Chair Professor of Medicine David Geffen School of Medicine at UCLA Endowed Chair of Preventive Cardiology, Lundquist Institute at Harbor-UCLA Medical Center Program Director of Cardiac CT. Division of Cardiology Harbor-UCLA Medical Center Torrance, California



#### **Richard E. Pratley, MD** Samuel E. Crockett Chair in Diabetes Research Medical Director, Advent Health Diabetes Institute Senior Investigator and Diabetes Program Lead Advent Health Translational Research Institute Adjunct Professor of Medicine Johns Hopkins University School of Medicine Orlando, Florida



### Yehuda Handelsman, MD

FACP, FNLA, FASPC, FAHA, MACE, Chair Medical Director & Principal Investigator The Metabolic Institute of America Chair Scientific Advisory board, DCMi- Diabetes CardioRenal & Metabolism Institute Chair & Program Director, WCIRDC- 22nd World Congress on IR, DM & CVD Tarzana, California



David Cherney, MD, PhD Professor of Medicine Clinician Scientist - Division of Nephroloav University Health Network Senior Scientist Toronto General Hospital Research Institute Director, Renal Physiology Laboratory University Health Network Toronto, Ontario

## **CME DINNER SYMPOSIUM**

This CME symposium is FREE for 22nd WCIRDC attendees and will stay on-demand for ONE year following the meeting. Learn more: WCIR.ORG/CMEsymposium

> To register for the entire 22nd WCIRDC meeting Please visit: wcir.org/registration

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the ioint providership of PESI Inc., and Metabolic Endocrine Education Foundation (MEEF). PESI Inc. is accredited by the ACCME to provide continuing medical education for physicians.

> PESI, Inc., designated this live educational activity for a maximum of 1.50 AMA PRA Category 1 Credit(s).

Physicians should only claim credit commensurate with the extent of their participation in the activity.

### For information please contact: info@tmiog.com or 818 342 1889

This is a CME Program Supported by an Educational Grant from Lexicon