



World Congress Insulin Resistance **DIABETES & CARDIOVASCULAR DISEASE** 

> December 12–14, 2024 **Hilton Universal City Hotel** Los Angeles, CA

> > DENWOO

Exploring New Frontiers In Metabolism – Tomorrow's Clinical Science Today



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ADMINISTERED BY:



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#WCIRDC2024 









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It is my pleasure to welcome you to the 22nd Annual World Congress on Insulin Resistance, Diabetes and Cardiovascular Disease (WCIRDC): Exploring New Frontiers in Metabolism — Tomorrow's Clinical Science Today.

The 22nd Annual WCIRDC will be held on December 12-14, 2024, at the Hilton Universal City, Los Angeles. This CME/MOC conference will be available On-Demand for 90 days following the meeting.

WCIRDC is world's premier conference on cardiorenal and metabolic diseases, it is the only meeting of its size to combine basic science and clinical research in a cross-discipline format that promotes communication between researchers, physicians, and other healthcare professionals.

The world-renowned expert faculty and attendees engage with each other in in-depth discussions on the inter-related pathophysiologies and clinical manifestations of diabetes, obesity, lipid disorders, cardiovascular disease (CVD), chronic kidney disease (CKD), and other cardiorenal and metabolic diseases. Sessions are designed to explore how laboratory and preclinical study findings relate to clinical trial findings and the impact of evidence on best practices in the cardiometabolic community. The WCIRDC faculty consists of globally acclaimed experts who link research to clinical practice in a bench-tobedside-to-bench approach which is unique to this state-of-the-art program.

We are proud to honor W. Timothy Garvey, MD with the prestigious "Gerald Reaven Distinguished Leader in Insulin Resistance" Award, recognizing his exceptional contributions to the field. Dr Garvey's keynote lecture: 'A Belated Pathway Towards Obesity Medicine: from Frustration to an Era of Drug Development that is a Landmark in the History of Medicine'

This year's conference will cover a wide range of topics including The Liver in Cardiometabolic Diseases, Circadian and CMR, Heart Failure, a Joint Session with Metabolism, Obesity, Sarcopenia Association with Obesity, Kidney, HTN and the Heart, diabetes genetics aspects and relationship to dementia, diet and weight loss. A glimpse to the future- what's in the pipeline and much more encompassing the multifaceted realm of metabolic medicine. Distinguished experts are poised to unveil groundbreaking perspectives fostering an environment conducive to collaborative learning and professional growth.

Clinical workshops & meet-the-expert small groups sessions will provide attendees with a rare opportunity to personally interact with esteemed leaders in an intimate setting.

The Congress has a strong and highly successful abstracts program. Abstracts will be published in Metabolism Clinical and Experimental- IF 13.93 EIC Christos S. Mantzoros, MD, DSc, PhD.

The 22nd WCIRDC will feature a robust Poster Hall, Oral Abstract Presentations, an attractive Exhibit Hall, and Industry Supported non-CME programs featuring important new scientific concepts with some of the world's best-known educators. I look forward to you attending this exciting conference on December 12-14, 2024, at Hilton Universal City Los Angeles, California. We hope to see you there.

> Yehuda Handelsman, MD Chair & Program Director

Best regards,

## Scientific Organizing Committee - International Committee for Insulin Resistance - ICIR

Yehuda Handelsman, MD Chair Tarzana, CA

Richard N. Bergman, PhD Los Angeles, CA

Zachary T. Bloomgarden, MD New York, NY

Matthew J. Budoff, MD Los Angeles, CA

Sonia Caprio, MD New Haven, CT

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Ralph A. DeFronzo, MD San Antonio, TX

Vivian A. Fonseca, MD New Orleans, LA

W. Timothy Garvey, MD Birmingham, AL

Peter J. Grant, MD

Leeds, United Kingdom Jennifer B. Green, MD Durham, North Carolina

Stephen J. Greene, MD Durham, North Carolina

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Derek LeRoith, MD, PhD New York, NY

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Philipp E. Scherer, PhD Dallas, TX

Bart Staels, PhD Lille, France

Pam R. Taub, MD San Diego, CA

Muthiah Vaduganathan, MD, MPH Boston, MA

Matthew R. Weir, MD Baltimore, MD

Paul Zimmet, AO, PhD Melbourne, Australia

The World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease (WCIRDC), now in its 22nd year, stands as a distinctive and vibrant multidisciplinary CME conference. Serving as the paramount global assembly dedicated to diabetes, obesity, lipids, cardiovascular-kidney, and liver diseases, the Congress intricately weaves together basic research and clinical practice in pursuit of our guiding theme: Exploring New Frontiers in Metabolism — Tomorrow's Clinical Science Today.

Participants are able to earn up to 26.5 CME & ABIM-MOC credits.

The WCIRDC program features a unique convergence of basic and clinical science. For over two decades, it has convened physicians, clinicians, researchers, and other healthcare professionals into an international arena, crafting an exclusive program that seamlessly bridges the latest advancements from bench-tobedside-to-bench. Often resonating with the words, "I heard it first at the WCIRDC," the program provides

The program is designed to evaluate both clinical and basic science aspects of diabetes, obesity, CVD and CKD, focusing on insulin resistance, incretins, the gut, the brain, the kidney and the heart. The goal is to understand pathophysiology and to develop appropriate comprehensive clinical management plans.

Upon completion of this meeting, participants should be able to:

- Discuss the effects of insulin resistance on the heart, kidney, and liver
- Describe the relationship between diabetes, obesity, kidney disease, and heart disease
- Implement best practices for the prevention and management of CKD, HF, and CVD

## **PROGRAM DESCRIPTION**

an unparalleled opportunity for attendees to directly engage with distinguished global faculty, within an intimate setting, propelling explorations into the most current understanding of metabolic diseases and the unfolding emerging therapeutic approaches.

Since the seminal work of Dr. Gerald Reaven, crystallizing the interplay of insulin resistance, diabetes, obesity, and cardiovascular disease, the congress's scope has expanded. It now encompasses domains such as the kidney, liver, brain, bone, cancer, and beyond. The congress agenda includes dyslipidemia, atherosclerosis, hypertension, hypercoagulation, and inflammation. It also underscores the intricate interplay between Diabetes-Cardio-Renal and Metabolic Diseases. The program will cover updates on pharmaceutical interventions, including incretins- GLP1 ra and dual agonists, SGLT2i & SGLT2/1i, PCSK9 i, MRA, bempedoic acid and IPE, will be illuminated. The aim is to foster an in-depth understanding of state-of-the-art

## **PROGRAM OBJECTIVES**

- Evaluate the evidence supporting the use of new and emerging therapies to reduce cardiovascular mortality in patients with cardiometabolic disease
- Evaluate the impact on clinical practice of new CVOTs in patients with obesity diabetes and other cardiometabolic diseases
- Design therapeutic regimens for patients with multiple cardiorenal and metabolic disorders that capitalize on agents with broad effects across the spectrum of these comorbidities
- Utilize technology to enhance the effectiveness of therapeutics
- Understand the Circadian clock relationship to cardiometabolic diseases

## **TARGET AUDIENCE**

pathophysiology, novel medical interventions, and the development of comprehensive clinical management strategies.

To bridge the gap between research and clinical practice, live Q&A and panel discussions will follow each session, exploring their implications in clinical scenarios. Enhanced interaction with faculty and fellow attendees will be facilitated through extended breaks and social events.

The Congress garners cutting-edge abstracts from both emerging researchers and renowned leaders across the globe. The best abstracts will be presented orally. There will be a keynote presentation by Dr. W. Timothy Garvey the recipient of the Gerald Reaven Distinguished Leader Award. Clinical Workshops and meet the experts sessions allow for small groups learning and intimate face-to-face interaction with some of the best known leaders.

- Discuss the changes in diagnosis and management based on DCRM 2.0 Global Multispecialty Practice Recommendations.
- Describe the role of Sarcopenia in Obesity and weight loss
- Be able to discuss diabetes genetics aspects and relationship to the Dementia
- Recognize the role of Hypercortisolism in diabetes and cardiometabolic diseases
- Be aware of the intersection of obesity Type 1 diabetes CKD and hypercalcemia

This educational initiative is designed for endocrinologists, cardiologists, nephrologists, family physicians, internists, diabetologists, gastroenterologists, pediatricians, OB/GYNs, researchers, nurse practitioners, physician assistants, dieticians, diabetes educators, and other healthcare professionals interested in the pathophysiology, prevention, and treatment of diabetes, obesity, CVD, CKD, HF, and associated conditions, as well as the effect of these conditions on health and society.



# THURSDAY, DECEMBER 12

6:45 am Pre-Regist	ration  Exhibit Hall Opens   Coffee	
7:00 am – 8:00 am I		Made Available by MLI-Medical Learning Institute ctivity is supported by an independent medical educational grant from inger Ingelheim Pharmaceuticals, Inc. and Eli Lilly and Company Sierra Ballroom B
Addressing the Inte Chair: Jay H. Shubro	E   Therapeutic Strategies for Cardiovascular-Kidney-Meta rwoven Triad of Heart Failure, Chronic Kidney Disease, ar bok, DO Green, MD • Pam R. Taub, MD • Matthew R. Weir, MD	abolic Syndrome:
7:11 am Unveiling 7:26 am Emerging	and Introductions the Connections Between CKD, HF, and T2D Epidemiological Trends and Pathophysiological Links Therapeutic Strategies for CKM Syndrome Freatment for CKM Syndrome	Jay H. Shubrook, DO Jennifer B. Green, MD • Pam R. Taub, MD • Matthew R. Weir, MD Jennifer B. Green, MD • Pam R. Taub, MD • Matthew R. Weir, MD Jennifer B. Green, MD • Pam R. Taub, MD • Matthew R. Weir, MD Jennifer B. Green, MD • Pam R. Taub, MD • Matthew R. Weir, MD Jay H. Shubrook, DO
8:15 am - 8:30 am	Welcome & Introduction   Pre-CME Questions	Yehuda Handelsman, MD
Session 1	The Liver in Cardiometabolic Diseases Chairs: Bart Staels, PhD • Derek Leroith, MD, PhD	
8:30 am 8:50 am 9:10 am – 9:20 am	Targeting Hepatic Mitochondria to Treat MASLD, MASH and Cardiometabolic Disease Real-world evidence for DCRM health Panel Discussion and Q&A	Gerald I. Shulman, MD, PhD Christos S. Mantzoros, MD, DSc, PhD
Session 2	Circadian and CMR Chairs: Paul Zimmet, MD, PhD • Richard N. Bergman, PhD	)
9:20 am 9:40 am 10:00 am- 10:10 am <b>10:10 am – 10:40 am</b>	The Circadian Clock in Cardio-metabolic Diseases Circadian Medicine: Practical Insights into the 4th Dimension Cardiovascular Health and Disease. Panel Discussion and Q&A <b>Refreshment Break at the Exhibit Hall</b>	Bart Staels, PhD n of Michael J. Sole, BS Hons, MD
Session 3	Heart Failure Circa 2024 Chairs: Norman E. Lepor, MD • Matthew J. Budoff, MD	
10:40 am 11:00 am 11:20 am 11:40 am -11:55 am	The Role of Iron in the Pathophysiology of Cardiorenal Dise HFpEF in Women and Sex-specific Response to Therapies Worsening Heart Failure: Nomenclature, Epidemiology, and Panel Discussion and Q&A	Erin D. Michos, MD, MHS

# THURSDAY, DECEMBER 12 (CONT.)

HOLLY WOOL

Session 4	Concurrent Sessions: Meet the Experts		
12:00 pm	DM - the Noxious Nine Everything IR - Cardiometabolic Diseases Kidney, HTN Obesity	Mandarin AB Salon 6AB Hiro Club	Ralph A. DeFronzo, MD Yehuda Handelsman, MD Matthew R. Weir, MD Samuel Klein, MD
12:45 pm <b>12:45 pm – 1:45 pm</b>	Lunch Break		
12:55 pm – 1:40 pm	Lunch SessionNon-CME EducationZepbound- (Tirzepatide) InjectionSupported by Eli Lilly & Co.	Sierra Ballroom B	Matthew J. Budoff, MD
Session 5	Technology Impact on Health Chairs: George Grunberger, MD • Chris K. Gueri	n, MD	
1:45 pm 2:05 pm 2:25 pm – 2:35 pm	Insights From Real-World Use of CGM On Long- Control and Development of Diabetes Complicati Use of CGM for Metabolic Subphenotyping Panel Discussion and Q&A		Peter D. Reaven, MD Tracey L. McLaughlin, MD, MS
Session 6	Joint Session with Metabolism @ WCI Chairs: Christos S. Mantzoros, MD, DSc, PhD •		
2:35 pm 2:45 pm 3:05 pm 3:25 pm 3:45 pm – 4:00 pm <b>4:00 pm – 4:30 pm</b>	Introduction and Award Loss of CEACAM1 in Endothelial Cells Causes H EAT-Lancet diet and prevention of cardiorenal me Cardiac insulin resistance in diabetic cardiomyop Panel Discussion and Q&A <b>Refreshment Break at the Exhibit Hall</b>	epatic Fibrosis etabolic diseases	Christos S. Mantzoros, MD, DSc, PhD Sonia M. Najjar, MD Emily Sonestedt, MSc, PhD Gary Lopaschuk, PhD
Session 7	DCRM 2.0 Chairs: Jorge Plutzky, MD • Matthew R. Weir, M	D	
4:30 pm 5:15 pm	Background and Rationale Topics Presentations: Matthew J. Budoff, MD • 2 Peter J. Grant, MD • Jennifer B. Green, MD • S Samuel Klein, MD • Christos S. Mantzoros, ME Richard E. Pratley, MD Panel Discussion and Q&A	tephen J. Greene, MD • George Grunb	
Session 8	Contemporary Topics in Diabetes		
	Chairs: Richard E. Pratley, MD • Zachary T. Blo	omgarden, MD	
5:15 pm 5:35 pm 5:55 pm 6:15 pm - 6:30 pm	Evaluation and Management of (painful) Diabetes Prioritizing Patient Experiences in the Manageme From Research to Guidelines to Implementing Go Panel Discussion and Q&A Post CME Questions	nt of Diabetes and Its Complications bod Clinical Practice in the Management	of Diabetes George Grunberger, MD Kelly L. Close, MBA Jennifer B. Green, MD



## THURSDAY, DECEMBER 12 (CONT.)

Stephen J. Greene, MD

Katherine R. Tuttle, MD

Peter Rossing, MD, DMSc

#### 6:30 pm – 7:30 pm WELCOME & POSTER RECEPTION at the Exhibit Hall

Refreshments will be served.

Sierra Ballroom B 7:30 pm – 9:30 pm DINNER CME SYMPOSIUM Supported by AstraZeneca The Complications of the DCRM- Diabetes & CardioRenalMetabolic- Patient Chairs: Yehuda Handelsman, MD • Stephen J. Greene, MD



**Dinner and Wine Served** 7:30 pm -7:45 pm Introduction & Pre-CME Questions 7:55 pm Diabetes & CRM Approach to Comorbidities Michelle M. Kittleson, MD, PhD 8:15 pm Heart Failure & Cardiomyopathy-Addressing Etiologies 8:35 pm The Treatment of CKD and Heart Failure Circa 2024 8:55 pm Panel Discussion and Q&A: The Physician's Role in the Proper Diagnosis of DCRM Complications Panel: Stephen J. Greene, MD Michelle M. Kittleson, MD, PhD • Peter Rossing, MD, DMSc, Katherine R. Tuttle, MD Moderator: Yehuda Handelsman, MD Post-CME Questions & Concluding Remarks 9:30 pm Adjourn

## FRIDAY, DECEMBER 13

6:45 am <b>7:00 am – 8:00 am</b>	Registration Exhibit Hall Opens   Coffee			
7:00 am – 7:45 am	Breakfast SessionNon-CME EducationSierra Ballroom BUnlocking the Potential of Menin Inhibition: Icovamenib and a look into the Future of Diabetes Management Supported by Biomea FusionIcovamenib and a look into the	Juan Pablo Frias, MD	Rohit N. Kulkarni, MD	Alice YY Cheng, MD
8:00 am – 8:15 am	Summary of Day 1 & Pre-CME Questions		Zachary T. Bloo	mgarden, MD
Session 9	A Multi-Disciplinary Approach to Obesity Panel Session Chairs: Samuel Klein, MD • W. Timothy Garvey, MD			
8:15 am 9:45 am	Nephrology Cardiology Endocrinology SELECT Outcome implication on Practice Panel Discussion and Q&A After Each Speaker		Laurence S. Ania M. Jastre	Kovesdy, MD Sperling, MD boff, MD, PhD b Lingvay, MD
Session 10	Sarcopenia Association with Obesity- Myth & Reality Chair: Philipp E. Scherer, PhD • Ania M. Jastreboff, MD, PhD			
9:45 am 10:05 am – 10:35 am	Epidemiology and Pathophysiology of Sarcopenia – Challenges in Prevention and Management Refreshment Break at the Exhibit Hall		Zachary T. Bloo	mgarden, MD

HULLY WOOD

10:35 am 11:05 am – 11:20 am	Debate: Sarcopenia is a Real Concern No Yes Panel Discussion and Q&A			uel Klein, MD E. Pratley, MD
Session 11	Kidney, HTN and the Heart Chairs: Erin D. Michos, MD, MHS • Ralph A. DeFronzo, MD			
11:20 am 11:40 am 12:00 pm – 12:10 pm 12:10 pm – 1:10 pm	Chronic Kidney Disease: Should We Worry about the Heart or Progression to ESKD HTN & IR - Contemporary Approach to Management Panel Discussion and Q&A Lunch Break	I	Matthew Raymond R. To	w R. Weir, MD ownsend, MD
12:20 pm – 1:05 pm	Lunch SessionNon-CME EducationSierra Ballroom BEvolving Perspectives on HypertensionSecondary to Hypercortisolism: A Panel DiscussionSupported by Corcept Therapeutics	Yehuda Handelsman, MD	Jorge Plutzky, MD	Matthew R. Weir, MD
Session 12	Cells, Endothelium & Organs Chairs: Bart Staels PhD • Vivian A. Fonseca, MD			
1:10 pm 1:30 pm 1:50 pm 2:10 pm 2:30 pm – 2:50 pm <b>2:50 pm – 4:05 pm</b>	Endothelial Cell Cycling Expanding Definitions of Endothelial Function and Dysfunction Cellular Mechanisms of Lipotoxicity (Glucagon Receptors in the Liver & kidney) Targeting Cell Senescence and Senolytics: Novel Interventions for Age-Related Metabolic Dysfunction PPARalpha Impact on Inflammation, Hepatocytes and Atherosclerosis Panel Discussion and Q&A Refreshment Break at the Exhibit Hall		Philipp E. Richard I	je Plutzky MD Scherer, PhD E. Pratley, MD art Staels, MD
3:15pm – 4:00 pm	Refreshment SessionNon-CME EducationSierra Ballroom BCoffee talk: Expert Panel on the Evolving Landscape of CRM, Including Liver Health and Emerging Strategies to Improve Care.Supported by Boehringer Ingelheim	Pamela Kushner, MD	Samuel Klein, MD	Pam R. Taub, MD
Session 13	A Glimpse into the Future - What's in the Pipeline? (Non CME) Chairs: Ralph A. DeFronzo, MD • Christos S. Mantzoros, MD, DSc, PhD			
4:05 pm 4:20 pm 4:35 pm 4:50 pm - 5:05 pm	Regeneron Bayer Amgen Panel Discussion and Q&A	Na		ert Pordy, MD hwedder, MD hour, MD, PhD
Session 14	Diabetes - Genetics & Dementia Chairs: Ildiko Lingvay, MD • Chris K. Guerin, MD			
5:05 pm 5:25 pm 5:45 pm – 6:00 pm	T2D Genome-Wide Association Study (GWAS), Polygenic Risk Scores, and Genetic Subclusters Elucidate the Heterogeneity of T2D Diabetes, Drugs, and Dementia Panel Discussion and Q&A   Post CME Questions			e I. Rotter, MD Ƴ Cheng, MD



#### Sierra Ballroom B 6:00 pm – 7:30 pm DINNER CME SYMPOSIUM Supported by Lexicon T1D Circa 2024 – Managing Obesity, CardioRenal Complications & Hyperglycemia Chairs: Matthew J. Budoff , MD • Yehuda Handelsman, MD 6:00 pm **Dinner and Wine Served** 6:10 pm Introduction & Pre-CME Questions Matthew J. Budoff, MD 6:15 pm Controlling Hyperglycemia in Today's T1D- Challenges and Solutions Richard E. Pratley, MD Contemporary T1D- Obesity and Cardiometabolic Complications Matthew J. Budoff, MD 6:30 pm 6:45 pm CKD in T1D the role of the SGLT1/2i Sotgliflozin David Cherney MD, PhD Panel Discussion and Q&A: Risk Benefit- Managing T1D with 7:05 pm Non-Insulin Agents Preventing Cardiorenal Morbidities Panel: Matthew J. Budoff, MD • David Cherney MD, PhD • Richard E. Pratley, MD Moderator: Yehuda Handelsman, MD Post-CME Questions & Concluding Remarks 7:30 pm Adjourn 7:30 pm - 9:00 pm **CHEESE & WINE WILL BE SERVED Abstract Oral Presentation** Chair: Zachary T. Bloomgarden, MD Abstract Committee: Ralph A. DeFronzo, MD • Vivian A. Fonseca, MD George Grunberger, MD • Norman E. Lepor, MD • Derek LeRoith, MD, PhD Christian W. Mende, MD • Richard E. Pratley, MD • Matthew R. Weir, MD Abstracts published in Metabolism: Clinical and Experimental Editor-in-Chief: Christos S. Mantzoros, MD, DSc, PhD

## **SATURDAY, DECEMBER 14**

6:45 amRegistration & Coffee7:45 am - 8:00 amSummary of Day 2 & Pre-CME Questions

Zachary T. Bloomgarden, MD

Zachary T. Bloomgarden, MD

8:00 am – 8:05 am Oral Abstract Winners Award Presentation

8: 05 am - 9:05 am BREAKFAST CME SYMPOSIUM Sierra Ballroom CD Supported by BAYER

### Toward Reducing the Disease Burden of Heart Failure & Improve Patients Outcomes

#### Chairs: Mikhail N. Kosiborod, MD • Muthiah Vaduganathan, MD, MPH

	8:05 am	Introduction	Muthiah Vaduganathan, MD, MPH
	8:10 am	Moonraker- Overview of the Investigators Led Research Program	Mikhail N. Kosiborod, MD
Some St.	8:25 am	FINEARTS-HF - Finerenone in Heart Failure with EF > 40%	Orly Vardeny, PharmD, MS
A PAS	8:40 am	FINE-HEART - Finerenone in Heart Failure and Chronic	
		Kidney Disease Trials	Muthiah Vaduganathan, MD, MPH
	8:55 am	Panel Discussion: The Crystal Ball- ns MRA in the Guidelines	
		Panel: Muthiah Vaduganathan, MD, MPH • Orly Vardeny, PharmD, MS	
		Moderator: Mikhail N. Kosiborod, MD	
	9:05 am	Adjourn	

# SATURDAY, DECEMBER 14 (CONT.)

HULLY WOOD

<b>Session 15</b> 9:05 am	Gerald Reaven Distinguished Leader in Insulin Resistance 2024 Award Award Presentation by Vivian A. Fonseca, MD • Peter J. Grant, MD	
9:10 am	A Belated Pathway Towards Obesity Medicine: From Frustration to an Era of Drug Development that is a Landmark in the History of Medicine	W. Timothy Garvey, MD
9:40 am – 9:45 am	Q&A	
9:45 am – 9:55 am	Refreshment Break at the Exhibit Hall	
Session 16	Emerging Topics in Cardiometabolic Diseases Chairs: Jennifer B. Green, MD • Peter J. Grant MD	
9:55 am 10:15 am 10:30 am 10:50 am 11:10 am 11:25 am – 11:40 am <b>11:40 am – 12:40 pm</b>	CVOTs Update focus on HF Off Target Aspects and Safety of GLP1-ra MRA in Cardiorenal Translational Biology- Implications to Practice Hypercortisolism Impact on Diabetes and Cardiometabolic Diseases CATALYST – Hypercortisolism in Hard to Control Diabetes - Final Results Panel Discussion and Q&A Lunch Break & Check-Out	Mikhail N. Kosiborod, MD Vivian A. Fonseca, MD Robert J. Chilton, DO Ralph A. DeFronzo, MD Vivian A. Fonseca, MD
11:50 am – 12:35 pm	Lunch SessionNon-CME EducationSierra Ballroom BMounjaro® (tirzepatide)Supported by Eli Lilly & Co.	Carol H. Wysham, MD
Session 17	Important Issues in Cardiovascular Disease Chairs: Robert Chilton, DO • Pam R. Taub, MD	
12:40 pm 1:00 pm 1:20 pm 1:40 pm – 1:55 pm	CAC in ASCVD Relation to Bone Density & Osteoporosis INOCA, MINOCA and Everything in Between The Role of Inflammation and its Management in Cardiometabolic Diseases Panel Discussion and Q&A	Matthew J. Budoff, MD Martha Gulati, MD Norman E. Lepor, MD
Session 18	The Intersection of Obesity and T1D Chairs: Richard E. Pratley, MD • Tracey L. McLaughlin, MD, MS	
1:55 pm 2:15 pm 2:35 – 2:45 pm <b>2:45 pm – 2:55 pm</b>	The Role and Safety of SGLT2i and GLP1ra Therapy in T1D The Physiopathology of Insulin Sensitivity & Secretion Early Stages of T1D Panel Discussion and Q&A <b>Refreshment Break at the Exhibit Hall</b>	Schafer Boeder, MD Alfonso Galderisi, MD, PhD
Session 19	State of the Art of Dyslipidemia Chairs: Paul S. Jellinger, MD • Chris K. Guerin, MD	
2:55 pm 3:15 pm 3:35 pm 3:55 - 4:10 pm	Electronegative Pro-Inflammatory LDL and CVD Risk The Impact of Triglycerides on Cardiovascular Disease Lipoprotein(a): Ready for Prime Time Panel Discussion and Q&A and Post-CME Questions	Ronald M. Krauss, MD Ira J. Goldberg, MD Nathan D. Wong, PhD



## SATURDAY, DECEMBER 14 (CONT.)

Session 20	Diets & Weight Los Chairs: Ronald M. Krau		toith, MD, PhD		
4:10 pm 4:30 pm 4:50 pm – 5:00 pm	Time Restricted Eating: Evidence from Recent Randomized Controlled Trials Contemporary Understanding of (or the Science of) Weight Loss Plateau Panel Discussion and Q&A			Pam R. Taub, MD Kevin D. Hall, PhD	
Session 21	Clinical Workshop		CHEESE & WINE WILL BE SERVI	ED	
5:00 pm <b>5:45 pm</b>	Lipids DM HTN/CKD <b>Adjourn</b>	Sierra B Club Hiro			Paul D. Rosenblit, MD, PhD George Grunberger, MD Christian W. Mende, MD

## **22ND WCIRDC PROGRAM COMMITTEE**

Richard N. Bergman, PhD Zachary T. Bloomgarden, MD, MACE Matthew J. Budoff, MD Sonia Caprio, MD Robert J. Chilton, DO Ralph A. DeFronzo. MD Vivian A. Fonseca, MD W. Timothy Garvey, MD Peter J. Grant, MD Jennifer B. Green, MD Stephen J. Greene, MD George Grunberger, MD Chris K. Guerin, MD Yehuda Handelsman, MD Chair Ania M. Jastreboff, MD, PhD Paul S. Jellinger, MD, MACE Samuel Klein, MD Mikhail N. Kosiborod, MD Ronald M. Krauss, MD Norman E. Lepor, MD Derek LeRoith, MD, PhD Ildiko Lingvay, MD, MPH, MSCS Christos S. Mantzoros, MD, Dsc, PhD h.c. mult. Nikolaus Marx, MD Tracey L. McLaughlin, MD, MS Christian W. Mende, MD Erin D. Michos, MD, MHS Jorge Plutzky, MD Richard E. Pratley, MD Philipp E. Scherer, PhD Bart Staels, PhD Pam R. Taub, MD Matthew R. Weir, MD Paul Zimmet, MD, PhD Renee Asp, BS



#### Yehuda Handelsman, MD, Chair, FACP, FNLA, FASPC. FAHA. MACE

Medical Director & Principal Investigator The Metabolic Institute of America Chair Scientific Advisory Board DCMi- Diabetes CardioRenal & Metabolism Institute Chair & Program Director 22nd WCIRDC Tarzana, California



### Richard N. Bergman, PhD

Alfred Jay Firestein Chair in Diabetes Research Professor, Department of Biomedical Sciences and Medicine Cedars-Sinai Medical Center

Director of Diabetes and Obesity Wellness and Research Center Professor-in-Residence, UCLA Professor Emeritus USC Los Angeles, California

#### Zachary T. Bloomgarden, MD, MACE

Clinical Professor, Department of Medicine Icahn School of Medicine Mount Sinai Editor, The Journal of Diabetes Fellow

The American Society for Preventive Cardiology New York, New York



### Schafer Boeder, MD

Associate Professor of Medicine Division of Endocrinology and Metabolism University of California, San Diego **Clinical Diabetes Research Group** San Diego, California



### Matthew J. Budoff, MD, FACC, FAHA

Professor of Medicine. David Geffen School of Medicine at UCLA Endowed Chair of Preventive Cardiology, Lundquist Institute at Harbor-UCLA Medical Center Program Director of Cardiac CT, Division of Cardiology Harbor-UCLA Medical Center Torrance, California



#### Alice YY Cheng, MD, FRCPC

Endocrinologist, Trillium Health Partners, and Unity Health Toronto Associate Professor, University of Toronto.

Chair of the Scientific Planning Committee American Diabetes Association Associate Editor for Diabetes Care Co-host of the podcast series "Diabetes Care On Air" Toronto, Canada



#### David Cherney, MD, PhD

Professor of Medicine Clinician Scientist - Division of Nephrology University Health Network Senior Scientist, Toronto General Hospital **Research Institute** Director, Renal Physiology Laboratory University Health Network Toronto, Ontario



## **FACULTY 2024**



#### MACOL FASCAL Professor of Medicine, Division of Cardiology Associate Program Director, Interventional Cardiology The University of Texas Health Science Center San Antonio, Texas

#### Kelly L. Close, MBA

Founder and President of Close Concerns Founder and Editor of Chief of The diaTribe Foundation San Francisco, California

#### Ralph A. DeFronzo, MD



Professor of Medicine Chief, Diabetes Division The University of Texas Health Science Center Deputy Director, Texas Diabetes Institute San Antonio, Texas

#### Ronald M. Evans, PhD

Professor and Director Gene Expression Laboratory March of Dimes Chair in Molecular and Developmental Biology La Jolla, California

#### Vivian A. Fonseca, MD, FRCP



#### Alfonso Galderisi, MD, PhD

Assistant Professor of Pediatrics Yale School of Medicine New Haven, Connecticut

## W. Timothy Garvey, MD Charles E. Butterworth, Jr., Professor

#### and University Professor Department of Nutrition Sciences University of Alabama at Birmingham Director, UAB Diabetes Research Center Birmingham, Alabama

### Ira J. Goldberg, MD



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- (CACE) Clinical Association of California Endocrinologists
- (ASPC) American Society for Preventive Cardiology

## Associated Organizations

- (ESC) European Society of Cardiology
- (WOF) World Obesity Foundation
- (SFE) Society for Endocrinology
- (ASEPA) American Society of Endocrine Physician Assistants
- (KHRS) Korean Heart Rhythm Society
- (ADCES) Association of Diabetes Care & Educations Specialists
- (IFSO) International Federation for the Surgery of Obesity and Metabolic Disorders

- (ENS) Endocrine Nurses Society
- (IES) Israel Endocrine Society
- (NKFA) National Kidney Foundation
- (ASPO) American Society of Preventive Oncology
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